



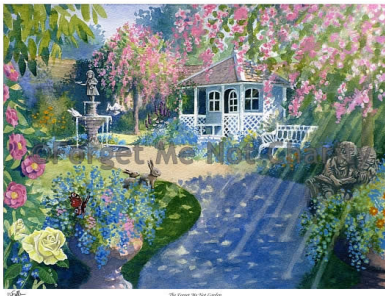
Winter 2009 Newsletter

Update

Welcome to Natercia Hughes our new Treasurer and Trustee and to Helen Ward our new committee member.

We have some very exciting plans for 2010 and we are currently working hard on a funding application to progress this. If anyone would like to organise some fundraising for us that would be fantastic!

'The Forget Me Not Garden' painting launch



It has taken 2 years to complete this project and we are very proud to say our 'Forget Me Not Garden' painting is now complete. Local artist Wesley Fullman was commissioned to paint this special picture and we are delighted with the results. The main purpose of this painting was for our on-line memorial garden which is now up and running. The scene is animated to music and you enter the garden from another beautiful painting also created by Wesley. You can read about the project and the work involved on our web site. Prints and notecards are available to purchase from us. Please contact us for more information or visit our on-line shop. If you live in the St Austell area you are welcome to collect to save on postage.

Ideal Christmas present

Romance with Robbie—14 February 2010

Next year we are holding a special fundraising concert on Valentine's Night at Carnglaze Caverns, Liskeard. Matthew Holbrook returns as our ever popular Robbie Williams for a fantastic night of ballads and swing. For those of you who have not experienced the caverns, it is certainly a unique and magical venue. Tickets are £15.00 with a bar available during the interval. There are limited number of tickets so don't delay and contact Carnglaze Caverns on 01579 320251 or email them via their website



The Forget Me Not Rose



This years season of Roses are now available for delivery. You can pre-order by contacting James Cocker & Sons on 01224 313261, more details and pictures of the rose are available our website.

Each plant costs £7.80 and we will receive £1.50 for each one sold.
Ideal Christmas present

Friend of Forget Me Not Scheme

The Friend of Forget Me Not is a scheme we are introducing. Friends of Forget Me Not will donate £15.00 a year as an annual payment and this money will help to develop the charity and the support services that we offer. If you are interested in becoming a friend of Forget Me Not please contact us for an application form.



Ways you can Help!!

- Collection tins
- Badge Boxes
- Fundraising events
- Ink cartridge recycling
- Mobile phone recycling
- Online greeting cards
- Online charity flowers

We rely purely on donations and fundraising activities to maintain and develop our support services.

If you feel that you can help in any way please do get in contact with us.

Cheques made payable to: **'Forget Me Not'** or you can make a donation via PAYPAL via our website

Make your donation go further and download a copy of our Gift Aid Declaration form to send in with your donation.

Donations Received

I Turner

Congratulations

To Debbie and Torben on the safe arrival of baby Agnes.

Thank you

Baby Loss Awareness Week 2009



This years Baby Loss event coincided with National Baby Loss Awareness Week and took place at The Carlyon Bay Hotel, St Austell.

We joined the Global Wave of Light at 7pm joining with others around the world to light a candle in memory of our babies. The event was an informal occasion and well received by those present. This year Alex from the Holistic Mermaid in Mevagissey attended offering free mini massages and Reiki to anyone attending.

Thanks to CRUSE Bereavement Care and others who attended to offer one to one support.

Thanks to Nic of Lucid Arts who offered pregnancy bump painting at the St Austell Town Centre opening in October at the Bump to Baby Shop off Aylmer Square. £15 was raised.

Also thanks to Mandy at the Royal Inn, Par for raising £70 at their quiz night.



Quarterly Newsletters

If you would like a copy emailed or posted to you, please let us know your email address should you have one and don't forget to keep us updated with any new details if they change. Our Newsletters can also be viewed online at www.forgetmenotcharity.org.

Poetry Corner



Just for a While

Just for a while you had a shining dream,
Then darkness fell.

All around you, sadness and despair.
No light to guide you; no laughter there.
Just for a while, I was your hopes fulfilled
Then hope was gone.

My soul released from its imperfect shell
Saw your tears and caught them as they fell.

It heard your voices, sweet and warm,
It felt you touch and stroke my tiny form.
Like a butterfly that lives and dies in just one day,
I left the world and gently flew away.

Just for a while I touched your lives with joy, and then with pain.
But don't be sad, and grieve each coming year,
Just hold each other close and say
'For just a while – our child was here'.

Bette Buckle

*Do you have a poem or special message that you would like featured on our newsletter?
Why not email them to us and we will do our best to include it in a future edition*

A Note from the Forget Me Not Committee

Christmas can be a very difficult time for anyone who has lost a loved one and particularly so for anyone who has lost a baby. We would like to wish you all a peaceful Christmas.

Jenny

Jenny Moore - Founder

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